



## Cold Water/Air Policy for NBCC Members

Due to persisting cold water and air temperatures through the spring and fall months, in an effort to maintain a safe environment, all coaches and athletes of The North Bay Canoe Club are required to adhere to the following guidelines:

- All paddlers, despite their ability, must wear a PFD approved lifejacket from the start of spring training until at least June 1st, during the fall training period from October 1 onwards, and at all other times when the water/air temperature is below 10 degrees Celsius.
- All paddlers must be accompanied by a coach(es) and coach boat(s) when on the water.
- No paddler should be out of sight of a coach boat at any time.
- Paddlers must carefully follow the instructions of the coach(es).

Paddlers not complying with these guidelines cannot participate in the spring/fall training programs.

TO: THE NORTH BAY CANOE CLUB

I, \_\_\_\_\_ (please print) a member in good standing of The North Bay Canoe Club, have read and agree to follow the safety guidelines set forth above, and in doing so I accept full responsibility for my actions.

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

SIGNATURE OF PARENT/GUARDIAN (IF UNDER 18):

\_\_\_\_\_ DATE: \_\_\_\_\_

Please Print: \_\_\_\_\_